



COUNTY OF TEHAMA
Air Pollution Control District
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FOR IMMEDIATE RELEASE

**RE: AIR QUALITY ADVISORY
VERY UNHEALTHY**

September 30, 2020

To: News Media
Local Elected Officials
County Health Officer
Local Public Health Officials and Hospitals
Schools Officials
Tehama County City Managers

The air quality in Tehama County is in the Very Unhealthy range. Conditions will most likely vary from Unhealthy for Sensitive Groups to Hazardous over short periods of time as smoke from wildland fires in the Northstate drift over Tehama County.

Active children, adults, and people with respiratory disease, such as asthma, should avoid all outdoor exertion (participation in strenuous sports activities or exercise); everyone else, especially children, should limit outdoor exertion. The Tehama County Air Pollution Control District advises that these sensitive categories stay indoors and avoid intense physical activity in those areas where high smoke levels are visibly evident.

While all persons may experience varying degrees of symptoms, the more sensitive individuals are at greatest risk of experiencing more aggravated symptoms which may include, but are not limited to coughing, scratchy throat, watery and itchy eyes, and difficulty breathing.

Persons experiencing questionable or severe symptoms should seek professional medical advice.

Scientific studies have linked fine particulate matter (smoke) with significant health problems, including premature death, respiratory related hospital admissions, aggravated asthma, acute respiratory symptoms (including severe chest pain, gasping, and aggravated coughing) chronic bronchitis, decreased lung function, and work and school absences.

In addition, all open burning is prohibited during this period.

More information, including access to air quality data, is available at www.tehcoapcd.net/current-air-quality/. Questions may be directed to 530-527-3717 during regular business hours